

Wendy Johnny

BUSINESS

Percy Ellis Sutton SEEK Department
John Jay College of Criminal Justice
City University of New York
445 West 59th Street
New York, NY 10019
212.237.8176
wjohnny@jjay.cuny.edu

EDUCATION

Walden University
Minneapolis, MN

2013

Doctor of Philosophy
Clinical Psychology

Fordham University
New York, NY

Ph.D. in Social Work
Concentration Mental Health
Incomplete

September 2001 to June 2002

City College of the City University of New York
New York, NY

2000

Master of Arts Psychology
Graduated with Distinction

Medgar Evers College City University of New York
Brooklyn, NY

1996

Bachelor of Arts – Psychology
Cum Laude

CLINICAL EXPERIENCE

Assistant Psychologist
New York Methodist Hospital
Brooklyn, NY

June 2014 to August 2015

Serve as one of two inpatient psychologists providing psychotherapy to inpatient adult and geriatric patients. Conduct assessment, provide individual and group psychotherapy to patients suffering from a variety of psychological and psychiatric disorders

Outpatient Psychologist

June 2014 to August 2015

Serve as one of six psychologists at New York Methodist Hospital providing outpatient psychotherapy to individual clients and groups.

Psychotherapist

2001- 2006

Community Outreach Service Center
Brooklyn, New York

Served under the supervision of a clinical psychologists providing counseling to the community members. Conducted brief assessments and intake for family and individuals seeking services. Provided individual and group therapy for individuals suffering primarily from anxiety and depression. Assess the needs of the individual being served, Made informed case conceptualizations. Participated in and facilitated outreach services, and social skill enhancement. Used primarily cognitive-behavioral therapy and client-center therapies to alleviate psychological symptomology.

Clinical Psychology Pre-Doctoral Intern

2009 - 2011

New York Methodist Hospital
Brooklyn, NY

Primary Care Psychiatric Care

Supervisor: Robert Pierro, Ph. D Clinical Psychologist

Faculty Supervisor: Dr. Zamboni

Provided individual therapy to inpatients that were chronically mentally ill, others who suffered from mental illnesses and were stabilized on medications and outpatients who were stable enough to return home. Wrote psychological assessments for patients, conducted psychological assessments, screening interviews, worked and received training in three units (psychiatry/psychology, rehabilitation, and neuroscience); worked on three interdisciplinary teams (Psychologists, Social workers, Psychiatrist) aimed at providing psychological care and interventions for patients. Participated in a multidisciplinary treatment team, conducted intake diagnostic interviews, selected and administered assessment instruments appropriate for geriatric population and adults with a variety of mental illnesses and disorders, and integrated information from clinical interviews, behavioral observations, medical records, and nursing staff reports. Prepared notes on contacts, plans, and progress of patients. Developed and maintained a caseload for individual therapy. Made informed case conceptualizations, created and implemented treatment plans, maintained client files, and attended staff meetings to discuss patients care.

Primary Care Rehabilitative Care, Memory and Retention

Supervisor: Albert Ortega, Ph. D Neuropsychologist

Gained knowledge about the role of nutrition, recreation, physical, occupational, and speech therapies. Co-interviewed patients, conducted intake interviews, and administered, scored, interpreted, and synthesized test data; participated in dementia clinic screenings. Provided feedback to trauma patients, established therapeutic goals and treatment plans using evidence-based intervention strategies, made appropriate referrals outside clinic when necessary; administered and interpreted cognitive assessments. Provided feedback to patients and families

regarding results of assessments, and made appropriate recommendations. Provided cognitive-behavioral therapy, relaxation training, and stress management to reduce anxiety and stress and family education and therapy for adult ADHD outpatients and other outpatients.

Primary Care Outpatients Group Therapy
Supervisor: Paul Carroll, Ph. D Clinical Psychologist

Provided group therapy to outpatients who suffered from mental illnesses and were stabilized on medications, and other outpatients who were stable enough to return home. Focused on emotional, cognitive, and behavioral intervention using a variety of techniques and strategies, including psycho- diagnostic assessment, psychoeducation, and psychotherapies. Created, organized and co-facilitated group bereavement counseling.

Advanced Practicum Student & Psychotherapist 2008 - 2009

John Jay College of Criminal Justice
Mental Health Counseling Department
Supervisors: Carmen Solis, PhD & Maat. Lewis, Ph. D.

Provided counseling to a college population serving over 12,000 students. Conducted intake for students seeking services. Provided individual therapy for students suffering from and dealing with a mirage of students/clients' problems/issues including the most frequent diagnoses' depression, panic attack, specific phobia, and stress and anxiety that are basically triggered by taking exams. Most widely employed theoretical approaches and intervention techniques/strategies: Alderian Therapeutic Approach (e.g. empty-chair techniques), Client-Centered Therapy and Cognitive-behavior therapy (CBT). Provided support for students in crisis on a walk in basis.

I assessed the needs of the student population. I worked closely with the University Office of Accessibility in administering psycho-educational testing and assessment - Assessment and psychometric [Bender Gestalt-II, Brown Attention Deficit Disorder Scales for Adults] Wechsler Adult Intelligence Scale - Fourth Edition (WAIS-IV) Wechsler Individual Achievement Test-Second Edition (WIAT-II)

Woodcock-Johnson III Tests of Cognitive Abilities (WJ III COG)
Woodcock-Johnson III Tests of Achievement

I participated in and facilitated outreach services to the college and community at large. Facilitated social skills group, Stress management and time management to students on academic probation referred by their counselors. Guided students through the decision-making process for choosing a major, and provided vocational guidance and exploration for employed students or those seeking a career upon graduation.

Master's Degree Internship Student 1997 - 1998
Brooklyn, New York

Worked on an interdisciplinary team of social workers, occupational therapists, and psychotherapists to provide culturally sensitive individual and group therapy to ethnic/racially diverse, low-income individuals from a variety of age groups; arrange for follow-up or aftercare for patients. Worked alongside supervisors in the life skills program and intensive community work program teaching patients daily life skills, including managing stress, living skills and basic job skills.

Practicum Student

1995-1996

Educational and Vocational Appraisal and Counseling

Medgar Evers High School

Brooklyn, New York

Supervisor: Dr. Edwards Ph.D. Clinical psychologist

Provided individual therapy and group therapy, career exploration and psycho-educational assessment. Addressed issues related to discrimination. confronted by minorities, peers pressure, sexual decision makings, and conflicts due to incongruent personality/individual style.

Relevant Coursework: Clinical Psychology (Licensure)

Walden University

Foundations of Graduate Study in Clinical Psychology, Lifespan Development, Psychology of Learning and Memory, Cognitive Psychology, Interviewing and Observational Strategies, Psychology of Social Change, Psychology of Personality, Research Design, Social Psychology, Tests and Measurement, Advanced Psychopathology, Abnormal Psychology, Biopsychology, Ethics and Standards of Professional Practice, Cognitive Assessment, Personality Assessment, Advanced Psychological Testing, Multicultural Counseling, Psychopharmacology, Academic Year in Residence (Training in assessment and psychometric [WAIS-III, WAIT-II, MMPI-2, HTP, TAT, BSI]; data gathering and interpretation, including identifying clinical problems, cognitive abilities, formulating diagnoses; assessment of treatment/intervention, 500 hours) Pre-Doctoral Clinical Practicum (750 hours), Pre-Doctoral Clinical Psychology Internship (2000 hours)

Professional and Teaching Experiences

Adjunct Counselor

1999 to Present

Percy Ellis Sutton SEEK Department

John Jay College of Criminal Justice

City University of New York

New York, New York

Engages in general educational advocacy and assistance to students, provides individual therapy sessions to assess and resolve academic performance problems, conducts time management and stress management workshops teaching problem solving in educational, personal, and career

matters as they relate to school performance, provides general curricular advisement and educational planning, assists students in career exploration, administers and scores career inventories, and make referrals to college and community resources when necessary. Created training plans for students and maintains records files on each student for services provided. Co-facilitates informational outreach sessions to incoming freshman to alert them to services offered by the program. Assists in program planning and drafting. Developed academic, intervention and social activities to enhance student learning. Provides individual therapy for students suffering from depression, anxiety, panic attack and specific phobia.

Assistant Professor

1999 to Present

John Jay College of Criminal Justice
City University of New York
New York, NY

Teach and is responsible for all aspects of teaching a 3-credit social science course. The course is organized around a justice framework, influenced by one of the College's curricula areas, "Justice and the Individual." With the primary goal of providing students with the skills and techniques that will help them to grow and develop awareness of self, the college environment, globally, and the world in which they live. The course is designed to allow students to critically analyze the economic, political, social, cultural, and personal factors that influence their academic progress, educational success, professional and personal development and growth. It also focuses on the fundamental values of fairness and equity in resources, rights and treatment for groups of people; understanding the interdependence of macrosystems and microsystems in people's lives. It also provides essential information about the SEEK programs and its supportive services and policies, procedures and course requirements of John Jay College.

Adjunct Lecturer

City College of the City University of New York
New York, NY

1997 to 1999

Taught discussion sections for introductory to Modern Psychology.

Developed and graded written assignments and examinations. I gave lecture to two classes of 34 students per class in a semester; held office hour for three hours per week to help meet students need.

Psychology Tutor

Mary Mount College
New York, New York

1997 to 1999

Tutor all facets in undergraduate psychology courses; Coach and mentor struggling students.

Continuing Adult Education

Brooklyn, New York

1990 to 1993

Helped adults prepare and pass the GED successfully; prepare for college, and regain skills they might have lost as a result of many years out of school. I taught and prepared adults academically and professionally; assisted in data entry and word processing skills to enhance and sharpen their

basic skills, computer skills and to meet the life skills necessary to navigate college community and job requirements. Assisted adult students in the art of cover letter writing and resume construction, helped students hone job interview skills, and worked with students in individual sessions to explore career choice, goodness of fit, and development. Motivate students to achieve success to the best of their abilities.

Continuing Education and Training

Exposure Techniques	2013
Cognitive Restructuring	2013
Multicultural Education	2012
Creative Engagement: Bridging Possibilities Between Students, Campus and Community	2012
Improving Services for Geriatric inpatients	2011
Multiple Sclerosis Rehabilitation	2011
Cardiac Arrhythmias, Stroke and Beyond	2011
Metabolic Disease and Stroke Prevention	2011
Senility and Dementia –Cognitive and the Aging Brain	2010
Assessment and Management of Depression	2010
ECT- Clinical Use and Practice	2010
Epilepsy, Special Concerns in Women	2010
Physical Therapy and the management of Parkinson’s disease	2010
Treatment of Personality Disorders	2010
Bereavement / Grief Training	2009
Suicide Assessment Training	2009

Training addressing the prevalence of suicidal ideations, rate of completed suicides, assessment of the patient’s risk for suicide, suicide and its link to mental illness, and the importance of professional liability coverage when working with suicidal clients.

Sharing What Works	2012, 2010, 2008
---------------------------	------------------

Conference Series

2006, 2004, 2002

Attended and participated in the City University of New York Office of Special Programs” and Council of SEEK /CD Counseling and Representatives Conferences on a variety of issues on topics held at various campuses of City University of New York.

Motivational Enhancement Training

2006

I participated in a 2-day training addressing the theoretical foundation and structured. Curriculum on motivational enhancement training in individual and group settings.

Dialectical Behavior Therapy Group Skills

2006

Attended workshop that focused on the effectiveness of Dialectical Behavior therapy. when working with individuals with high-intensity emotions.

Standard First Aid

2001

Adult, Infant and Child CPR

Attended and earned certification in a training provided by the American Red Cross. of Greater New York. .

RESEARCH EXPERIENCE AND CONFERENCE PRESENTATIONS**New York Methodist Hospital**

August 2015 to Present

Neurocognition Deficits, Parkinson’s disease and Depression:
Examining the extent to which depression contributes to the impairments in executive functions in patients with Parkinson’s disease, and to characterize and extricate the independent contributions of depression to executive functions

Doctoral Dissertations

2013

Walden University

Primary Investigator

Chair: Dr. Mitchell Hicks

Focusing on Race-related stress, spiritual wellbeing and help-seeking behavior of Black West Indian/Caribbean Americans.

Graduate Research

2002

Fordham University

Primary investigator

Focus-group, a qualitative study with Caribbean-American Parents

I researched the experiences of Caribbean born parents rearing children born in America.
Conducted primary source interviews.

Master Thesis,

1998 -2000

City College [CUNY]

Primary Investigator

Chair: Brett Silverstein, PhD

Researched on Eating disorder, gender role issues and sex-roles concerns among African-American and Caucasian college students. I conducted a primary source survey of two colleges of the City University of New York.

Under graduate Research

1995-1996

Medgar Evers High School

Primary Researcher

Research study on Family structure and adolescent locus of control.

I researched the role of head of household influences on adolescent self-concept and academic ability.

Publication:

Johnny, W. (2013). Race-related stress, spiritual well-being, and help-seeking in Black British West Indian Americans (Dissertation). *ProQuest/UMI Online Publishing*

Presenter

Johnny, W., Son, M., Franks, C., Alford, S., Diaz, V, Jagielnicka, J., et al (2013, April). *Creative Engagement through the Curriculum Development Process: Syllabus as dialog.* Tri State Conference Symposium: Newark, New Jersey

Presenter

Johnny. W., & Son, M. (2013, February). *Mindfulness-Based Stress Reduction* (Based on Jon Kabat –Zinn Philosophy). Providing formal and informal mindfulness techniques and strategies to SEEK Counseling and Faculty. Workshop conducted at John Jay College of Criminal Justice of the City University of New York,

Presenter

Johnny, W., Son, M., Franks, C., Alford, S., Diaz, V, Jagielnicka, J., et al (2012, December). *Educating for Justice – First Year Seminar: Collaboration, Mutuality and Justice.* Borough of Manhattan Community College, New York, New York

Presenter

Johnny. W. (2007, March). *Group dynamic, stress management techniques and strategies for students on academic probation.* Workshop conducted at John Jay College of Criminal Justice

Presenter

Johnny. W., & William. C. (2005, Summer). *Resilience, engagement in promoting leadership and academic success*. Workshop conducted at Brooklyn College of the City University of New York.

Presenter.

Johnny, W. (2000) *Mind, body, spirituality and soul: In the context of religious and spiritual well-being*. Roundtable on Religious Coping and Participation. St John's Wesleyan Methodist Church, Brooklyn, NY

Community and Consulting Experience

Vanderveer Park United Methodist Church, Brooklyn, NY
Pastor Parish Representative [PPR] January 2008 to 2010

American Red Cross of Greater New York
2002 certificate and nominee for outstanding supportive services
2000-2008 coordinator and liaison SEEK DPRS members at John Jay College and the American Red Cross of Greater New York, New York.

St John's Wesleyan Methodist Church, Brooklyn, NY
January 1994 to 1999
Youth counseling workshop in behavior awareness; decision making and prevention methods.

DISTINCTIONS

John Jay College of City University of New York	
Certificate of Appreciation for Guidance and encouragement of Dean's List students	2009 -2012 2004- 2006
American Psychologist of the APA Annual Report	2009
July-August 2010, 65 (5) First speed mentoring event (photo on the cover page)	
American Red Cross of Greater New York	2002
Certificate and nominee for outstanding supportive services	
Medgar Evers College of City University of New York	
Dean's List	1992 - 1996
Golden Key National Honor Society	1994 - 1996
Cum Laude Graduate	1996

Professional Memberships and Honors

Phi Alpha Omega Honor Society

American Psychological Association [APA]

American Red Cross of Greater New York

National Honor Society in Psychology [Psi Chi]

National Education Association [NEA]

Student Member

Association of Black Psychologists