

Veronica Elaine Johnson, Ph.D.

Assistant Professor of Psychology
John Jay College of Criminal Justice
The Graduate Center
City University of New York (CUNY)

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EDUCATION

Ph.D. in Counseling Psychology

Teachers College, Columbia University (APA Accredited)

New York, NY

May 2017

Dissertation: *A Theoretical Model of the Transmission of Black Cultural Strength*

Dissertation Chair: Robert T. Carter, Ph.D.

B.S. in Psychology

University of Florida

Gainesville, FL

May 2011

Cum Laude

ACADEMIC APPOINTMENTS

Assistant Professor – John Jay College of Criminal Justice–CUNY, Department of Psychology, New York, NY. August 2017 – Present. Courses Taught: Master’s Level: Forensic Mental Health Counseling, Clinical Instruction.

Adjunct Assistant Professor – New York University (NYU) – Department of Psychology, New York, NY. August 2016 – December 2016. Course Taught: Master’s Level: Cross-Cultural Counseling.

Teaching Associate – Teachers College, Columbia University – Department of Counseling Psychology, New York, NY. August 2012 – May 2016. Assisted faculty member teaching 3 graduate level experiential courses: Foundations of Counseling, Racial-Cultural Counseling Laboratory, Group Counseling.

GRANTS & FELLOWSHIPS

John Jay Office of the Advancement of Research

Seed Funding – Submitted and Under Review

December 2020

Funding available to support pilot or preliminary work necessary to pursue a major grant application to an

external funding agency.

American Psychological Association Psychology Summer Institute Fellow

July 2020

Highly competitive program that provides educational, professional development and mentoring experiences to psychologists who are in the early stage of their careers. Participants are guided toward developing a grant proposal, with a focus on issues affecting ethnic minority communities

Elevate Fellow, University of Pennsylvania Graduate School of Education (now of Rutgers University)

May 2019

Program designed to further faculty at Minority Serving Institutions (MSI) skills regarding publishing MSI related research, academic writing, grant writing, teaching, and mentoring

Dean's Fellowship Program for Teaching and Diversity, Office of the Provost and Dean of the College, May 2013

\$15,500 awarded

HONORS & AWARDS

Minority Scholarship, Teachers College, Columbia University, 2011 – 2014

Best Presentation of Undergraduate Research, Ronald E. McNair Postbaccalaureate Achievement Program, 2011

Dean's List, University of Florida, 2007 – 2011

Publications

Johnson, V.E., Nadal, K.L., Sissoko, D.R., & King, R. (in press). "It's not in your head": Gaslighting, 'splaining, victim-blaming, and other harmful reactions to microaggressions. *Perspectives on Psychological Science*.

Johnson, V. E., & Carter, R. T. (2020). Black cultural strengths and psychosocial well-being: An empirical analysis with Black American adults. *Journal of Black Psychology*, 46(1), 55-89. <https://doi.org/10.1177/0095798419889752>

Carter, R. T., Kirkinis, K*, & **Johnson, V. E.** (2020). Relationships between trauma symptoms and race-based traumatic stress. *Traumatology*, 26(1), 11–18. <https://doi.org/10.1037/trm0000217>

Carter, R. T., Roberson, K., & **Johnson, V. E.** (2020). Race-based stress in White adults: Exploring the role of White racial identity status attitudes and type of racial events. *Journal of Multicultural Counseling and Development*, 48(2), 95-107. <https://doi.org/10.1002/jmcd.12168>

- Carter, R. T., **Johnson, V. E.**, Kirkinis, K*, Roberson, K*, Muchow, C.*, & Galgay, C. (2019). A meta-analytic review of racial discrimination: Relationships to health and culture. *Race and Social Problems*, 11(1), 15-32
- Carter, R. T., & **Johnson, V. E.** (2019). Racial identity statuses: Applications to practice. *Practice Innovations*, 4(10), 42 - 58.
- Carter, R. T., Lau, M., **Johnson, V. E.**, Kirkinis, K. (2017). Racial discrimination and health outcomes among racial-ethnic minorities: A meta-analytic review. *Journal of Multicultural Counseling and Development*, 45(4), 232-259.
- Carter, R. T., **Johnson, V. E.**, Roberson, K., & Sant Barket, S. (2017). Race-based traumatic stress symptoms, people of Color racial identity status attitudes and psychological functioning: An exploratory investigation. *Professional Psychology: Research and Practice*, 48(1), 30-37.
- Carter, R. T., **Johnson, V. E.**, Muchow, C., Lyons, J., Forquer, E., & Galgay, C. (2016). Development of classes of racism measures for frequency and stress reactions: Relationships to race-based traumatic symptoms. *Traumatology*, 22(1), 63-74.
- Gushue, G. V., Mejia, B., Fisher L., Chen M., Cogger A., Matthews, M., **Johnson, V. E.**, Lee, Y., Mancusi, L., McCullough, R. Connell, M. & Weng, W. (2013). Differentiation of self and racial identity. *Counseling Psychology Quarterly*, 26(3-4), 343-361.

Manuscripts, Under Review

- Johnson, V. E.**, & Wout, D. (under review). Engaging African American clients in therapy: Effects of a cultural clinical statement. *The Counseling Psychologist*
- Johnson, V. E.**, Barbera, J.*, Kirkinis, K.*, & Chng, K., & Martinez, B. (under review) Race-based traumatic stress, negative affect, and risky health behaviors in a sample of racially and ethnically diverse college students. *Race and Social Problems*

Research, In Preparation

- Johnson, V. E.**, & Wout, D. The Intersecting Role of Gender and Racial Meta-Stereotypes in Engaging African American Clients in Therapy
- Johnson, V. E.**, & Roberson, K. Racial socialization and psychological well-being: Exploring the mediating role of racism-related coping and moderating role of racial identity.
- Subhan, B.,* & **Johnson, V.E.**. Afro-cultural Values' impact on Black female survivors of childhood sexual abuse treatment outcomes.
- Johnson, V. E.** Black cultural strength: A strengths-based model of understanding Black clients in therapy.
- Johnson, V. E.**, & Kirkinis, K. Validation of the Classes of Racism – Workplace Scale.
- Johnson, V.E.** & Velasco, E. Understanding race-based trauma in Latinx populations: The role of phenotype, racial identity, and ethnic identity.

Books, Under Contract

Johnson, V. E., & Carter, R. T. Black Cultural Practices as Sources of Strength: Evidence-Based Guidelines for Clinical Treatment. *Book Under Contract with Routledge Publishing.*

Professional Presentations

Courtney, K., Chng, K., & **Johnson, V. E.** Increasing African American engagement in therapy: Effects of a cultural clinical philosophy statement. Poster submitted for presentation at the 2021 (Virtual) Winter Roundtable Conference in Psychology and Education. New York, NY.

Subhan, B. & **Johnson, V. E.** (2021, February). Black Survivors of CSA. Paper submitted for presentation at the 2021 (Virtual) Winter Roundtable Conference in Psychology and Education. New York, NY.

Johnson, V. E., & Roberson, K. (2020, October). How Racial Identity and Coping Can Aid or Disrupt Racial Socialization Efficacy. Symposium presented at the 2020 (Virtual) Diversity Challenge at Boston University, Boston, MA.

Johnson, V. E. (2020, August). Cultural Competence in Research: The Dangers of Combining Racial/Ethnic Groups in Statistical Analyses. Symposium presented as part of the 2020 Psychological Summer Institute. American Psychological Association.

Subhan, B.*, & **Johnson, V. E.** (2020, August). Examining Afro-cultural Values in African American Women with Childhood Sexual Abuse History: Its Relationship with Therapeutic Outcomes. Poster presented at the 2020 American Psychological Association Convention.

Johnson, V. E. (2020, July). Black Mental Health Matters: Examining the Effects of Broaching Race in Videotaped Therapeutic Interactions on African-American Viewer Willingness to Seek Treatment. Poster presented at the 2020 Psychology Summer (Virtual) Institute. American Psychological Association.

Johnson, V. E. (2020, February). Teaching to Transform. Invited Speaker at the 2020 Winter Roundtable Conference in Psychology and Education. New York, NY.

Barbera, J.* & **Johnson, V.E.** (2019, August). Racial Trauma, Substance Use, and Mood Symptoms. Poster presented at the 2020 American Psychological Association Convention. Chicago, IL.

Johnson, V. E., Barbera, J. (2019, February). Race-Based Trauma, Negative Affect and Health-Related Behaviors. Paper presented at the 2019 Winter Roundtable Conference on Psychology and Education. New York, NY.

Barbera, J.*, Conwell, B.*, Swenson, A.*, & Desjardins, A.*, & **Johnson, V. E.** (2018, August). Exploring Race-Based Traumatic Stress, Health Behaviors & Mood Among Hispanic College Students. Poster presented at the Latina Researcher's Conference. New York, NY.

Johnson, V. E., Barbera, J*., Conwell, B.* , & Davis, S.* (2018, February). Black cultural strength and gender: A strengths-based approach to clinical practice with Black American women.

Symposium presented at the 2018 Winter Roundtable Conference on Psychology and Education. New York, NY.

Muchow, C., **Johnson, V.**, Galgay, C., Roberson, K., Kirkinis, K., & Stotts, S. (2015, October). Exploring race- based traumatic stress: Consideration of psychological symptoms, trauma reactions, and racial identity. Symposium presented at the 2015 Diversity Challenge, Boston, MA.

Johnson, V. Rouse, L. M., Torres-Rivera, E., Onifade, E. (2015, August). Race-based traumatic stress injury in communities of color. In Sandra Mattar (Chair), *The impact of institutional betrayal resulting from law enforcement perpetrated violence*. Symposium conducted at the meeting of the American Psychological Association, Toronto, ON.

Johnson, V. & Carter, R. T. (2013, February). *Black racial identity, color-blind racial attitudes, and psychological distress in Black adults*. Poster presented at the 2013 TC Winter Roundtable Conference, New York, NY.

Gushue, G., **Johnson, V.**, Morganstern, S., Cheng, M., Bonifacio, L., Kuroda, R., & Cho, J. (2012, August). *Motivation and color-blind racial attitudes*. Poster presented at the 2012 American Psychological Association Conference, Orlando, FL.

Johnson, V. (2012, February). *Knowledge of health disparities in medical students*. Poster presented at the 2012 University of Maryland, Baltimore County Ronald E. McNair Conference, Baltimore, MD.

CLINICAL EXPERIENCE

Jacobi Medical Center, Department of Behavioral Health

Bronx, NY

September 2015 – August 2017

Position: Psychology Intern (APA Accredited)

Columbia Presbyterian Medical Center, Department of Psychiatry: Adult Outpatient Clinic

New York, NY

July 2014 – August 2017

Positions: Psychology Extern (July 2014 – June 2015), Chief Psychology Extern (July 2015 – August 2017)

Assessment Practicum, Dean Hope Center for Educational and Psychological Services

New York, NY

January 2013 – May 2013

Position: Psychology Trainee

Dean Hope Center for Educational and Psychological Services, Teachers College, Columbia University

New York, NY

September 2012 – July 2014

Position: Student Clinician (September 2012 – July 2014); Group Co-Leader (September 2013 – July 2014)

CONSULTING, TEACHING, OTHER PROFESSIONAL EXPERIENCE

Rockefeller University

Anderson Center for Cancer Research

New York, NY

August 2020 – Present

Hosted virtual lecture series focused on issues of diversity, equity, and inclusion for early-career biomedical scientists

Racism & Mental Health: Relax, Relate, Release

T. J. Reddick Bar Association of Broward County, FL

August 2020

Panelist on discussion of racism and mental health

Wasserman Town Hall: A Discussion on Racism and Responsibility

Wasserman Media Group

June 2020

Panel discussion on racism in the workplace & sports

Co-led by a CNN correspondent, an Olympic gold medalist, and a retired member of NFL

Approximately 500 sports agents

Cultural Competence Series, The Motherhood Center of NY

September 2020 – May 2021

Supervision groups centered on culturally competent perinatal mental health

Projected audience – psychologists, psychiatrists, and post-doctoral trainees in Clinical Psychology

To Be Magnetic.com

Membership service offering neuroscience and psychology teachings via an online platform

New York, NY

June 2020 – August 2020

Provided consultation on branding and content revision regard issues of diversity and inclusion

Department of Counseling Psychology, Teachers College, Columbia University

New York, NY

January 2012 – May 2012

Position: Teaching Associate

Masters Level Courses:

Theories, Foundations in Counseling Skills, Group Psychotherapy, Racism and Racial Identity in Psychology and Education, and Racial-Cultural Counseling Lab

- Supervised counseling students in clinical role-plays and provided verbal and written feedback about clinical skill development in both individual and group treatment modalities.
- Engaged in weekly supervision with lecturer, in order to track the progress of students.
- Evaluated students at both midterm and final periods of the semester in order to providing feedback regarding clinical skills, facilitate interpersonal awareness, and address any academic or group related concerns.

- Updated research presented in course materials, resulting in class discussions that incorporated the most recent literature on racism and racial identity.
- Graded student papers for in-depth analysis of chosen topic area to provide clarification of paper objectives at midterm and feedback regarding areas of improvement.

Steven A. Estrine, & Associates- Behavioral Health Consulting Firm

New York, NY

April 2013 – August 2017

Position: Junior Evaluator

- Collaborated with licensed psychologists with extensive experience in the Office of Mental Health to gain understanding of healthcare organization systems.
- Input quantitative data from a federally funded grant program aimed at increasing physical and mental health in under- and unemployed, low-income adults with substance abuse issues.
- Conducted statistical analyses to document changes in physical health (BMI, blood pressure) and mental health (PTSD symptoms, anxiety, depression) overtime as a result of participation in the program.
- Generated quarterly and annual reports documenting participants' symptom reduction and demographic information in order to showcase efficacy of the program's interventions and secure federal funding for the future.

Barnard College, Columbia University- Diana Center

New York, NY

January 2013 – May 2013

Position: Desk Administrator

- Managed social media advertisements to support the center's mission of increasing student involvement in activities and discussions about issues of race, gender, and class.
- Communicated student concerns to Director of Leadership Development to ensure the safety and comfort of students using the facilities.
- Supervised undergraduate conduct in after-hours programming including Poetry Slam and regular study groups.

Professor George V. Gushue, Teachers College, Columbia University

New York, NY

January 2011 – May 2012

Position: Office Manager

- Created and formatted an alumni survey which collected information about former students' research and other professional activities post-graduation to provide APA accreditation committee with up-to-date information on the success of graduates from TC doctoral counseling psychology program.
- Corresponded and enlisted feedback from editors of the Journal of Career Development on submitted manuscripts to make decisions concerning the decision to accept for publication.

Department of Psychology, University of Florida

Gainesville, FL

January 2011 – May 2011

Position: Teaching Associate

- Trained students on how best to determine psychological diagnostic criteria and implications for Axis I and Axis II disorders by creating study guides.

- Strengthened students' self-efficacy in writing and presenting clinical information by providing tailored feedback to each student about their class presentations, writing strengths and areas of growth.
- Generated exam questions to appropriately assess student retention of knowledge gained over the course of the semester.
- Evaluated and shared feedback with instructor as a means of strengthening her teaching skills as a first-time professor.

American Psychological Association

Division 35 (Society for the Psychology of Women), Section 1 (Black Women)

March 2016 – June 2016

- Reviewed submitted manuscripts for the Carolyn Payton Early Career Award and Graduate Student Award which both are aimed at honoring quantitative and qualitative papers that further the understanding of gender in Black women's lives.
- Provided written communication to Awards chair with detailed critique of submitted papers and recommendations for selection of Award recipients.

Department of Counseling Psychology, Teachers College, Columbia University

New York, NY

September 2011 – May 2012

Position: Student Representative

- Shared student questions and concerns to faculty members in order to maintain open communication between faculty and students.
- Recorded meeting minutes and promptly reported details of faculty meetings, which maintained student awareness of teaching positions, new course offerings, and student funding opportunities.
- Served on selection committee for new faculty position which included reviewing applicant qualifications with faculty members in Departments of Counseling Psychology, Organization and Leadership, and School Psychology.

Graduate Student Journal of Psychology, Teachers College, Columbia University

New York, NY

October 2012

Position: Peer Reviewer

- Reviewed submitted manuscripts for fit with volume topic, novel research ideas, quality of methodology, grammar, and style.
- Provided clear recommendations to authors for improvement or revision of submitted manuscripts.
- Consulted with editors about recommendations for manuscript review scoring.

PROFESSIONAL ORGANIZATIONS & AD-HOC REVIEW

American Psychological Association (APA)

Member, 2011 to present

- APA Division 17: Society of Counseling Psychology, Member, 2011 to present
- APA Division 45: Society for the Psychological Study of Culture, Ethnicity and Race, Member, 2011 to present
- APA Division 35: Section on Psychology of Black Women, 2011 to present

Psychology of Violence, APA Journal

New York, NY

December 2017 – February 2018, August 2020

Position: Ad Hoc Review

- Reviewed submitted manuscripts for fit with volume topic, novel research ideas, quality of methodology, grammar, and style.
- Provided clear recommendations to authors for improvement or revision of submitted manuscripts.

Stigma and Health, APA Journal

New York, NY

July – August 2020

Position: Ad Hoc Review

- Reviewed submitted manuscripts for fit with volume topic, novel research ideas, quality of methodology, grammar, and style.
- Provided clear recommendations to authors for improvement or revision of submitted manuscripts.

MEDIA APPEARANCES

“People Seek Therapists Who Share Their Identity, Which is Why Cultural Competence is So Important,”
POPSUGAR Fitness, October 1, 2020.

“White Americans with Supremacist Beliefs are More Likely to Report Symptoms of Racial Trauma,”
Psypost, June 12, 2020.

“How Racial Slights Impact Women of Color in the Workplace,” *Newsy Online Magazine*, 2019, July 19, 2019.